



ACE TENNIS ACADEMY PROGRAMS



Mini Tennis Program is a 1-hour lesson for a 6 week session. \$90.00 per session

This program is for children 5 to 7 years old whom are introduced to the fundamentals (hand eye co-ordination, movement skills, throwing, catching, and ball control) and basic strokes of tennis. Mini racquets, nets, and progressive tennis balls are used on a ½ court tennis surface.

Westridge courts, Sundays 12:30 - 1:30 April 24 to May 29, or June 19 to July 24, or August 7 to Sept. 11.

Glenora courts, Mondays 5:30 - 6:30 May 16 to June 20, or July 11 to August 15.

King Edward courts, Wednesdays 4:00 - 5:00 May 18 to June 22, or July 13 to August 17.

Rio Terrace courts, Thursdays 4:00 - 5:00 April 28 to June 2, or June 23 to July 28, or August 11 to Sept. 15.

Wedgewood courts, Fridays 4:30 - 5:30 May 20 to June 24, or July 15 to August 19.

Junior Rec. Program is a weekly 1.5 hour lesson for a 6 week session. \$135.00 per session (3 or more for \$112.50 per

This program is for children 8 to 16 years old who are just beginning to learn the game. The students learn basic fundamentals and tennis strokes through skill development, drills and fun competitions. Tennis Canada progressive tennis guidelines are implemented advancing players using 1/2 court, 3/4 court, and full court curriculum. Students may be divided into different groups within this program, based on tennis abilities.

Westridge courts, Sundays 1:30 - 3:00 April 24 to May 29, or June 19 to July 24, or August 7 to Sept. 11.

Glenora courts, Mondays 4:00 - 5:30 May 16 to June 20, or July 11 to August 15.

King Edward courts, Wednesdays 5:00 - 6:30 May 18 to June 22, or July 13 to August 17.

Rio Terrace courts, Thursdays 2:30 - 4:00 April 28 to June 2, or 4:00 - 5:30 June 23 to July 28.

Wedgewood courts, Fridays 5:30 - 7:00 May 20 to June 24, or July 15 to August 19.

Laurier Heights courts, Fridays 4:00 - 5:30, or 5:30 - 7:00 May 20 to June 24, or July 15 to August 19.

Junior Compete Program is a weekly 2 hour lesson for a 6 week session. \$180.00 per session, (2 or more for \$150.00 per). Students at this level should be in at least 2 programs and playing a minimum of 6 hours per week to advance.

This program is for children 8 to 16 years old who can already rally with some consistency, who have a desire to learn and advance in tennis. The students will learn proper technique and tennis tactics so they can compete at a provincial level. The session will cover all basic tennis strokes, improve playing at the net, and establish the students style of play through in class competitions and drills. Each class will have compete time so students can practice the skills and tactics taught.

Westridge courts, Sundays 3:00 - 5:00 April 24 to May 29, or June 19 to July 24, or August 7 to Sept. 11.

Westridge courts, Tuesdays 4:00 - 6:00 April 26 to May 31, or June 21 to July 26, or August 9 to Sept. 13.

Rio Terrace courts, Thursdays 5:00 - 7:00 April 28 to June 2, or June 23 to July 28, or August 11 to Sept. 15.

Adult Rec. Program is a weekly 1 (\$90) or 1.5 hour lesson for a 6 week session. \$135.00 (3 or more for \$112.50 per)

This class is for beginners and players who cannot rally a ball consistently over the net. The students will learn the basics of forehand, backhand, serve, rules and game play.

Westridge courts, Sundays 5:00 - 6:30 April 24 to May 29, or June 19 to July 24, or August 7 to Sept. 11.

Glenora courts, Mondays 6:30 - 8:00 May 16 to June 20, or July 11 to August 15.

Westridge courts, Tuesdays 6:00 - 7:00 April 26 to May 31, June 14 to July 29, August 9 to Sept. 13.

King Edward courts, Wednesdays 6:30 - 8:00 May 18 to June 22, or July 13 to August 17.

Wedgewood courts, Fridays 7:30 - 8:30 May 20 to June 24, or July 15 to August 19.

Laurier Heights courts, Fridays 7:00 - 8:30 May 20 to June 24, or July 15 to August 19.

Glenora courts, Mondays 8:00 - 9:30 May 16 to June 20, or July 11 to August 15. **Ladies Only Night**

Adult Compete Program is a weekly 2-hour lesson for a 6 week session. \$180.00 (2 or more for \$150.00 per)

This program is for anyone who can rally 10 or more medium paced balls over the net. Students will review ground strokes, improve playing at the net, and establish a good first and second serve. Doubles play and tennis tactics are included throughout the program. Each class will have compete time so students can practice the skills and tactics taught.

Westridge courts, Sundays 6:30 - 8:30 April 24 to May 29, or June 19 to July 24, or August 7 to Sept. 11.
Rio Terrace courts, Thursdays 7:00 - 9:00 April 28 to June 2, or June 23 to July 28, or August 11 to Sept. 15.

Compete Nights play other adults in singles, doubles, and group games. \$135.00 for season (drop in \$15.00 night).
Westridge courts, Tuesdays 7:00 - 9:00 May 10 to October 4 (22 nights if rain free).
Check the website weekly for more compete nights, drop in activities, special events and announcements.

Aerobic Tennis Classes This is a aerobic workout with tennis as a large part of it. The class is a fun way to get a work out. The instructor can increase or decrease the intensity for individuals within the group. For a basic idea you can look at cardiotennis.com. Steve would love to do these classes if there was some interest. He would do them during the daytime preferable at a rate of \$15.00 per one hour class (\$12.00 per if you book for 8 or more) . If you have any interest please call the office and leave your name and number and mention you are interested in Aerobic Tennis.

Book Your Own Group If you have a group of 6 or more people than we can schedule your group at your day and time hopefully, and at a reduced rate based on the number in your group. Just call the office to make arrangements.

Private, Semi-private, and Family lessons are available for all ages and abilities.
(\$45/Hour) (\$60.00/hour) (\$65.00/hour)

Rain out policy

In the event of rain or bad weather the instructor will determine if the class is cancelled. The instructor will try to inform students of a cancellation within a half hour of class time (or sooner if possible). Please do not call the instructor or the office more than 30 minutes before your class. If you have not received a call then please proceed to the scheduled class.

All rain out classes are made up on the week immediately following the last scheduled class. If there are two or more classes to be made up then the instructor will need to schedule some classes outside of the usual class day and hours. This may include a Saturday or Sunday make-up class. The instructor will keep students informed as the session nears the end. We do not control the weather so please keep that rainout week as available as possible.

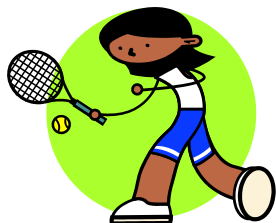
Discounts above are for the same student registering for two or more programs, not multiple students.

A Community League Membership is required at certain locations. Please support your community and purchase a membership. Contact info is available at efcl.org. Most memberships are around \$40.00 for a family per year.

Tennis Court Locations

Westridge Courts 505 Wolf Willow Road
Glenora Courts 10426 136 Street
King Edward Courts 8008 82 Street

Rio Terrace Courts 15504 76 Avenue
Laurier Heights Courts 14405 85 Avenue
Wedgewood Courts 185 Street and Wedgewood Boulevard



The number of registrations is limited in all
Ace Tennis Academy lessons so please register early.

Ace Tennis Academy 780 452 1266

